



She is my
Hero



She is
A daughter
A sister
A wife
A mother

She does all her roles just perfectly



Whether in kitchen or in office



She manages all very well



**She rules all
roads**

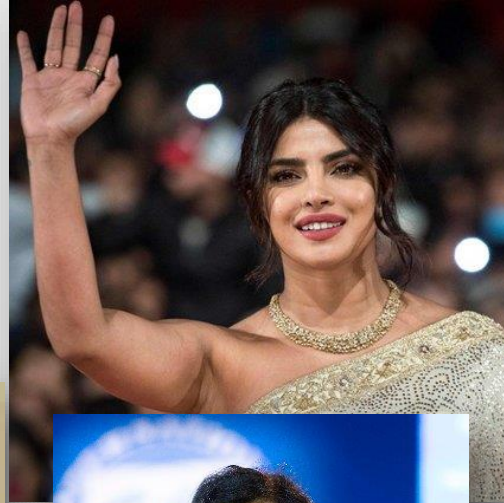
Women are the real architect of society

-Cher





Modern women are creating new milestones





Vestige has always believed in women empowerment

Dedicated category for women healthcare



And the focus continues...



Presenting

Vestige Her Own

For daily health





Because
#SheIsMyHero

Why Vestige Her Own?

Frequent health problems faced by today's women



Tiredness



Fatigue



Hot flashes



Mood swings



Irritability



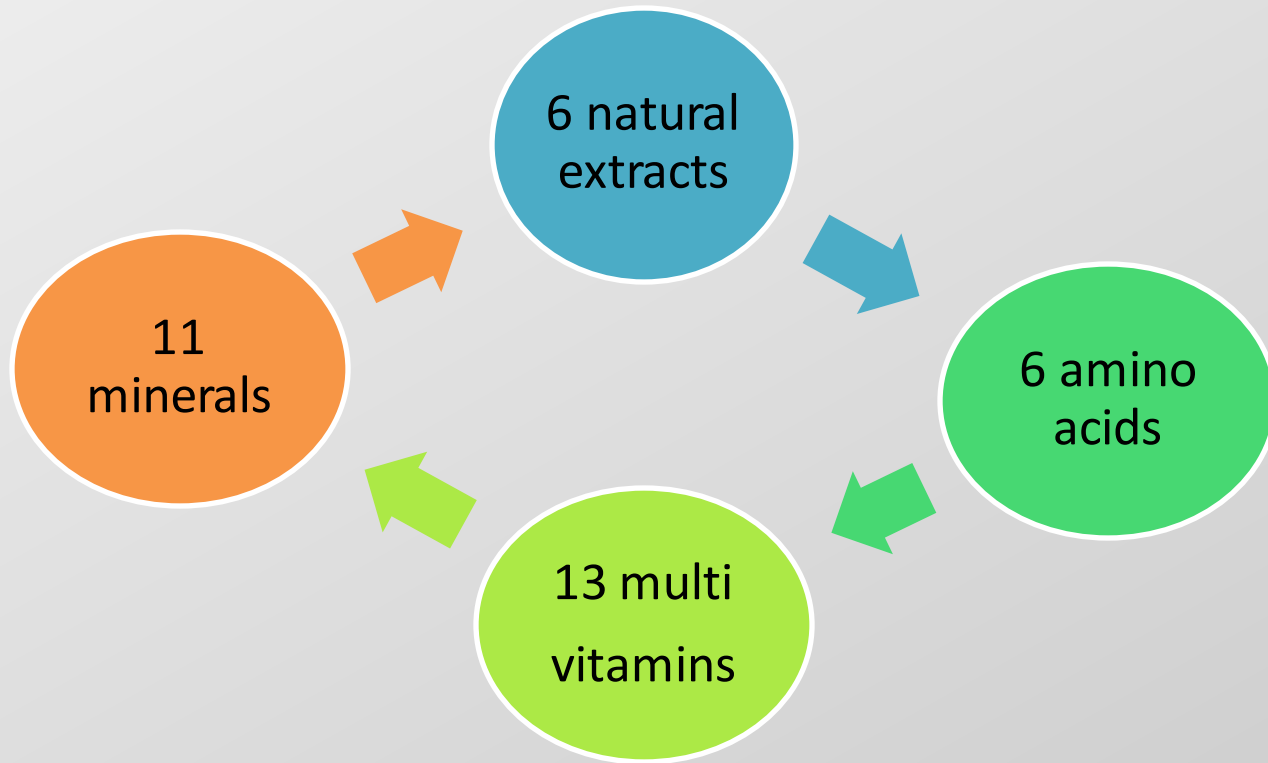
Muscle pain

Pre menstrual syndrome

- Premenstrual syndrome (PMS) refers to changes in mood and emotions, physical health, and behavior
- Symptoms of PMS includes irritability, aggression, mood swings, tender breast, headache, etc.



Vestige Her Own



Perfect blend of 36 ingredients for your daily health

Natural Extracts

- Evening Primrose oil
- Ginkgo Biloba Extract
- Citrus Bioflavonoids
- Green Tea Extract
- Carotenoids (Beta-Carotene, Lutein and Zeaxanthin)
- Lycopene

Amino acids

- DL-Methionine
- L-Glutamic acid
- Choline Bitartrate
- Inositol
- L-Lysine
- L-Cysteine

Vitamins

- Vitamin C
- Niacinamide
- Vitamin E
- Pantothenic acid (A1)
- Vitamin B6
- Vitamin B1
- Vitamin B2
- Vitamin A
- Folic acid
- Vitamin K
- Biotin (A1)
- Vitamin D3
- Vitamin B12

Minerals

- Iron
- Potassium
- Zinc
- Chloride
- Calcium
- Manganese
- Phosphorous
- Copper
- Iodine
- Molybdenum
- Selenium

Evening Primrose Oil

- Effective in treating premenstrual syndrome (PMS) symptoms, such as:
 - irritability
 - bloating
- Help in reducing breast pain
- Reduces hot flashes
- Reduces acne and eczema



Gingko Biloba

- Helps in relieving symptoms of PMS
- Helps in reducing headaches and migraine
- Increases blood flow
- Fights inflammations by reducing free radicles



Vitamins and Minerals

- Helps in reducing fatigue and tiredness
- Keeps energy high
- Promotes growth and development of the body

13
Vitamins

11
Minerals

Vestige Her Own Benefits

- Daily well being
- Helps in preventing fatigue, tiredness and irritation
- Reduces mood swings and anxiety
- Helps manage PMS*
- Reduces hot flashes
- Reduces night sweat



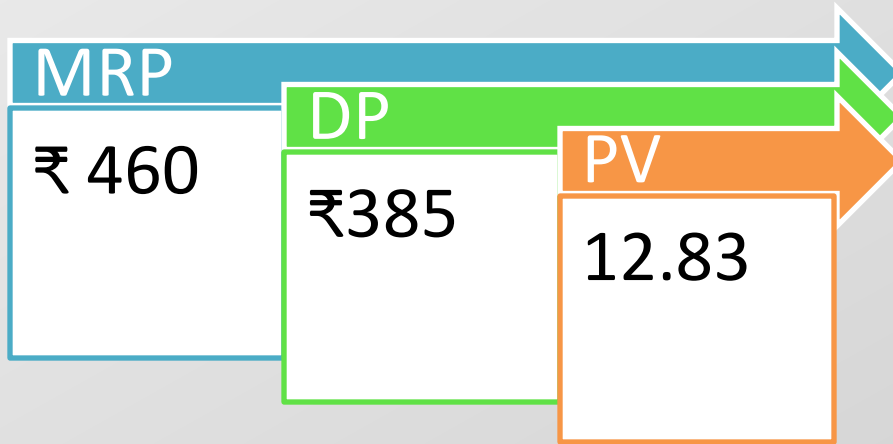
PMS – Pre menstrual syndrome

Vestige Her Own Dosage

Just 1 capsule per day,
for her daily health



Vestige Her Own



Why Vestige Her Own?

**Combat
Fatigue/Tiredness**

**Reduces hot
flashes/mood
swings**

Keep High energy

**Hormonal
support**

Grab your pack today



#SheIsMyHero

#HarGharSwasth