

Valentine Peason New Launch



Spring, when life is alive in everything!

- Spring is the king of seasons— a time of sunshine and cheer, love and creativity. We begin to feel more energetic.
- Lets us welcome the season that follows Winter and precedes Summer with open arms!
- The nature wakes up after the winter hibernation. And we wake up with it.
- Spring gives a chance for a fresh start.
- Spring means new life.
- Spring means discoveries.
- Flowers are in bloom and field of grass makes us happy. Thanks to Spring, we get beautiful flowers during this temperate season.

Spring, Signifies Rebirth!

- 1. Commit to cleansing your body and your home.
 - Ganoderma, Dietary Fibre, Neem, Foot Patch
 - Ayusante ToxClean
 - Hyvest
- 2. Get active. Update or begin an EXERCISE program.
- **3. Adapt Your Diet.** Enjoy fresh seasonal fruits and vegetables at their organic best. Use more honey and have sprouts as they have high amounts of many vitamins, minerals, and amino acids.



Spring, Signifies Rebirth!

4. Spring is the season of the LIVER and GALL BLADDER

- Liver Health, Aloe Vera & Amla.
- Take care of your liver by avoiding chemicals /toxins in your diet and environment.
- Avoid junk foods and fats. Eat light, warm foods. Avoid cold, heavy foods.

5. NUTRITIONAL SUPPLEMENTS can support you with season change.

- Antioxidants protect your body from stress and chemical pollutants. Use Ayusante Vital Complex.
- To maintain overall health and vigour use CoenzymeQ10, Spirulina, L-arginine, Colostrum & Protein Powder.



Spring, Signifies Renewal!

- 1. Feel the NEW ENERGY of Spring. This is the season of rebirth. This is the season to plan your new year, for the new YOU. Creativity is the word for Spring, as are new beginnings.
- 2. Get outside. Enjoy the warmer weather and sunshine.
- 3. Choose a new hobby. Learn new things.
- **4. Become a volunteer.** Spend those few extra hours of daylight saving time to do good for someone else.





Spring, Signifies Regrowth!

- 1. Use the spring months to CLARIFY YOUR PLANS and deepen the potential spiritual awakening or progress.
- 2. Allow the inspiration and motivation to arise from within and fill your cells and body, your brain and heart. Just make a start, and a space for your enlightenment!
- 3. Above all, give yourself the time to truly experience NATURE.







Spring, Signifies Gove!

- 1. Spring brings the season of Love, yes its Valentine's Season!
- 2. In the springtime, as temperatures rise and flower buds peek out of the soil to greet the sun, the body begins making adjustments of its own.
- 3. Dopamine, a chemical in the brain associated with the excitement, it stimulates the brain to take note of every smile, laugh or special moment shared with a significant other.



















See Goold This Valentine Geason with Mistral of Milan Classic Crème Lipsticks

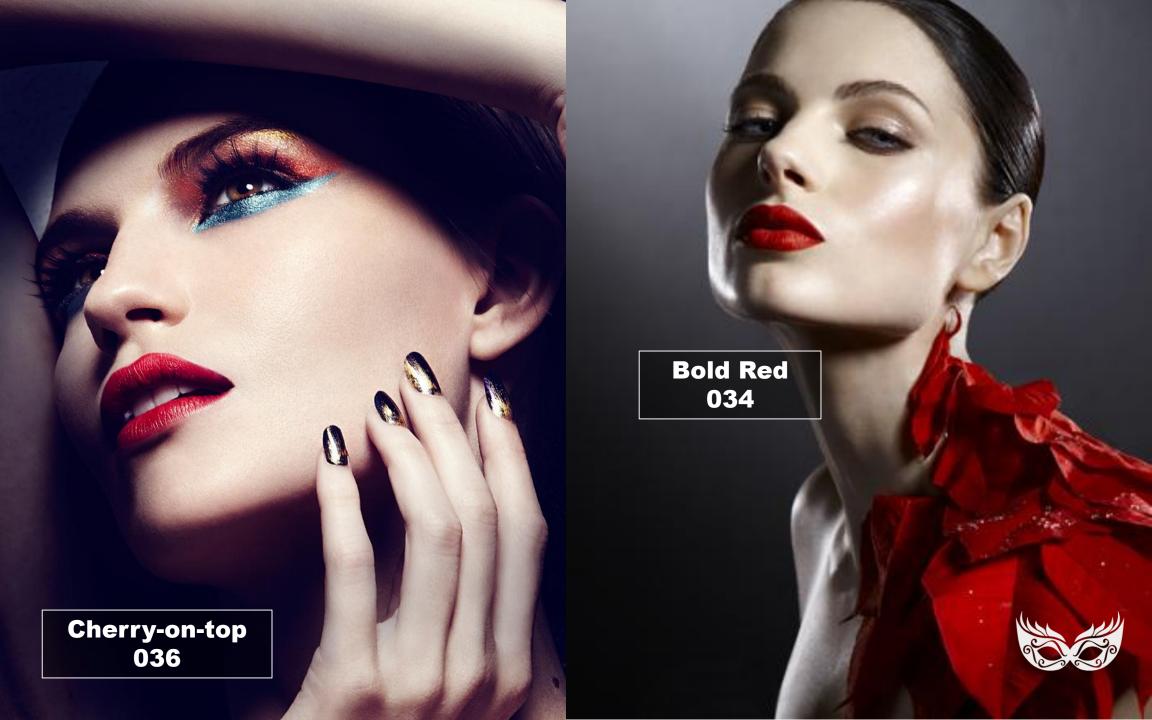
DP

Rs 440

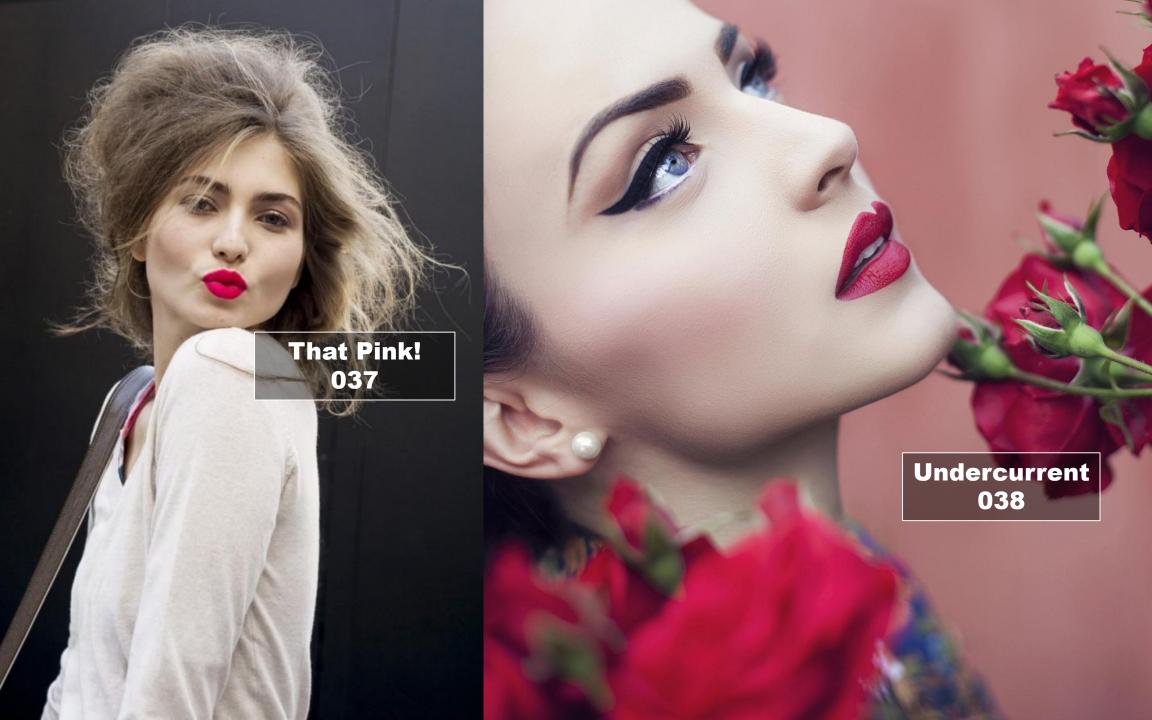
PV

14.67











98e Eute This Walentine Deason with

Mistral of Milan Silk Shine Lip Gloss

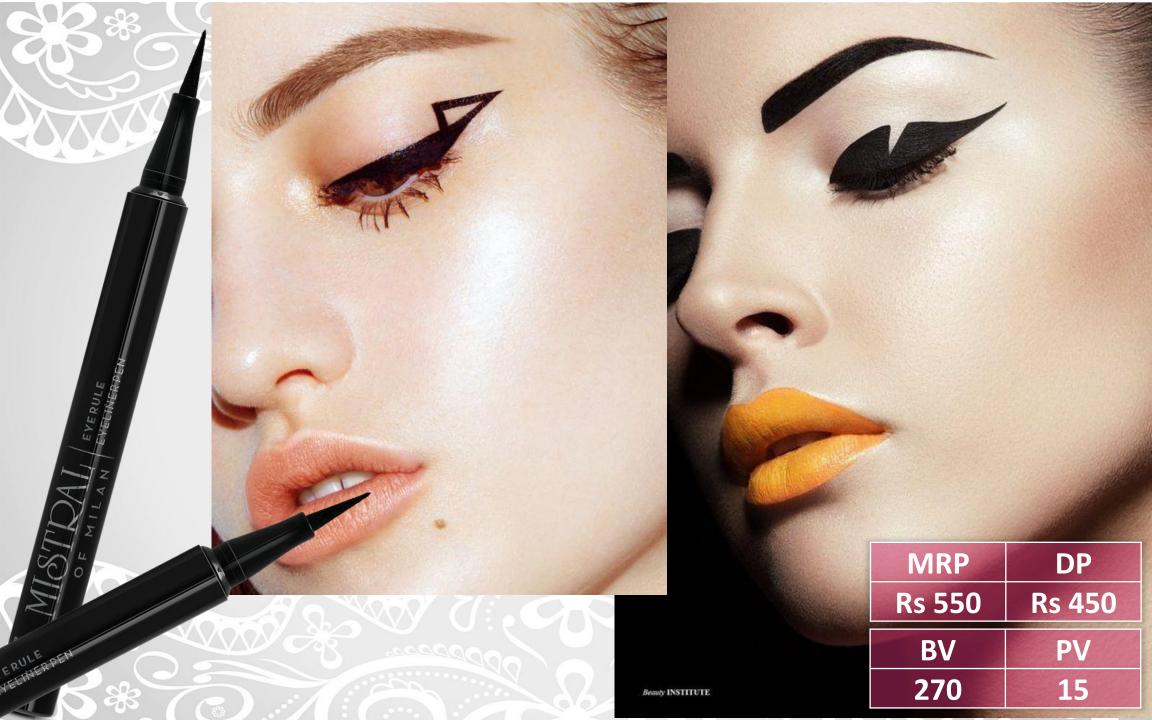


MRP	DP
Rs 355	Rs 305
BV	PV
183	\$10.175

- excellent color pay-off
- even & playful lining
- ultra-fine or dramatic line
- Silky Finish
- water-resistant & quick drying
- no feathering & smudge proof
- lasts all day (14 hours and more)
- comes off easily without a trace
- dermatologically tested & approved
- ophthalmologically tested & approved









How To: Perfect Winged Eyeliner







MRP	DP
Rs 220	Rs 190

BV	PV
114	6.33

Pop colors, perfect for your every mood.

Shades that will have you twinkling like a fairy this Valentine season.











Thoms you.

Connect us on https://www.facebook.com/MistralOfMilanOfficial