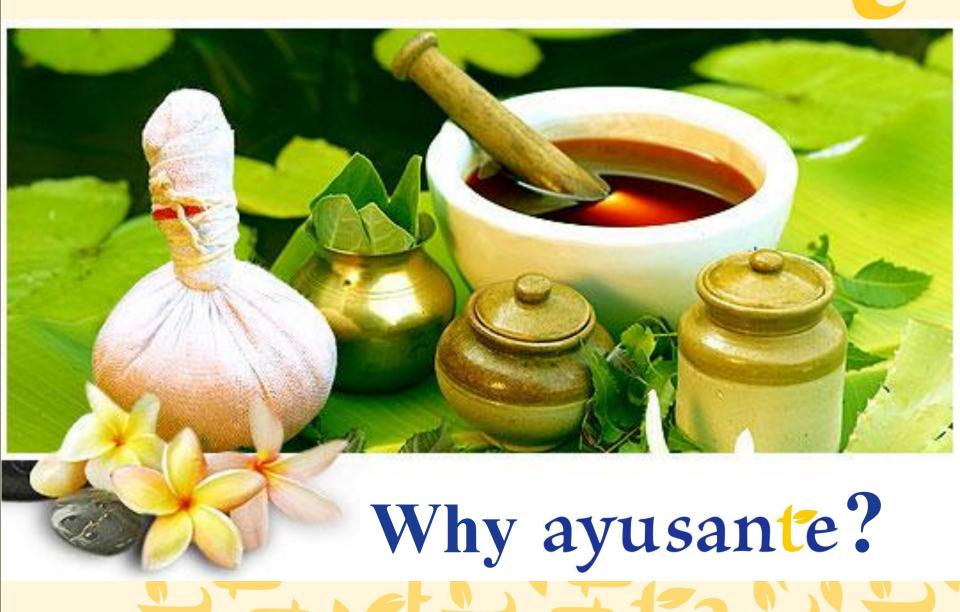
## **VESTIGE**

introduces







## Our Purpose

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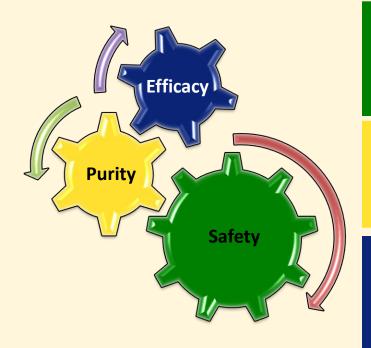
Taking Ayurveda Global with the help of Scientific Validation and Extensive Research.



## **Our Mission**

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#### Scientific Validation – Safety, Purity, Efficacy



Safety

Safety studies undertaken to ensure that heavy metals, pesticides, harsh solvents and micro-organisms are within permitted safety limits

**Purity** 

Fingerprinting of ingredients and recipes to confirm to standards

**Efficacy** 

Claim substantiation through modern biology & testimonials, validated by experts to conform to Ayurvedic scriptures

## What is Ayurveda?

- Ayurveda is a science of life
  - In sanskrit, Ayur means life, Veda means science or knowledge
- It has been practiced for over 5,000 years
- It provides a holistic approach to health designed to help people live long, healthy, and well-balanced lives
- The basic principle of Ayurveda is to prevent and treat illness by maintaining balance in the body, mind, and consciousness through proper drinking, diet, and lifestyle, as well as herbal remedies







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products

## **Diabetes**

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- Diabetes affects more than 22 crores people worldwide
- India is home to 6.7 crores diabetics, and is expected to rise to 10 crores in 2030, the largest number of patients in the world
- Nearly 52% of Indians are not aware that they are suffering from high blood sugar
- 7.72 crores people in India suffer from Prediabetes
- Diabetes kills more than 10 lakh Indians every year
- Annual cost of diabetes in India Rs.34,000 crore
- (cost includes medicines, consultation and hospital charges)
- One third of diabetics develop Coronary Artery Disease (CAD)



**Source:** \*Public Health Foundation of India (PHFI) & World Health Organization (WHO)

## Symptoms of Diabetes

## ayusan<mark>t</mark>e





Sedentary lifestyle



Overweight



Family history



High blood pressure



High cholesterol

1 in 2 people with diabetes don't know they have it. If you think you are at risk, get tested. Do you have any of these symptoms?



**Extreme thirst** 



Fatigue



**Blurred vision** 



Rapid weight loss



Frequent urination

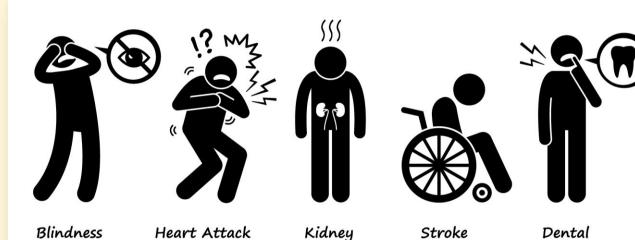
If so, speak to your doctor. You may have type 1 diabetes.

Diabetes can affect anyone, don't ignore any symptoms

## Complications associated

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#### with Diabetes



Failure



**Amputation** 



Pregnancy Complication



Nerve Damage



Sexual Dysfunction



Problems

Insulin Injection

- Blindness
- Kidney Failure
- Heart Attack
- Stroke
- Periodontal disease
- Foot amputation
- Nerve Damage

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## ayusante Gluco Health

Maintain Health, Natrually!



## GlucoHealth Benefits

- ✓ Assists the body to maintain normal glycemic health
- ✓ Helps strengthen the pancreas
- ✓ Helps to optimize insulin secretion
- ✓ Facilitates gradual glucose absorption
- ✓ Helps to prevent oxidative damages
- ✓ Regulate appetite to maintain a healthy body weight
- ✓ Helps to provide strength to keep body free from chronic ailments of hyperglycemia







BOTANICAL NAME	COMMON NAME	BENEFITS
Pterocarpus marsupium	Vijay Sar	Is an effective blood glucose lowering agent and enhance regeneration of pancreatic $\beta$ -cells that produces insulin in the body. It is hypo-cholesterolemic, increases insulin secretion and helps modulate glucose utilization by tissues
Cinnamomum zeylanicum	Cinnamon, dal-chini	It plays a regulatory role in glucose and cholesterol levels in the blood. It also helps to reduce triglyceride levels while raising HDL. It improves insulin sensitivity and slows the absorption of carbohydrates in the small intestine
Curcuma Longa	Turmeric, Haldi, Haridra	Curcumin in turmeric fights diabetes risk in pre-diabetics. Studies have shown that turmeric normalizes insulin and triglyceride levels and boosts antioxidant defenses in the body reducing risk of developing diabetes and heart disease





BOTANICAL NAME	COMMON NAME	BENEFITS
Emblica officinalis	Amla, Amalaki	It stimulates cells that secrete the hormone insulin, thereby reducing the blood sugar level in diabetic patients. The fruit helps in proper absorption of insulin which simultaneously reduces the level of high sugar level
Tinospora cordifolia	Guduchi	Helps to lower blood glucose, promotes hepatic health, acts as an antioxidant and prevents oxidative damage. It help reduction in weight associated with diabetes.
Camellia sinesis	Chai, Chaha	Hypoglycemic and antioxidant effects by decreasing serum glucose levels and oxidative stress

## GlucoHealth

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**Dosage:** Two Capsules Thrice daily

MRP Rs. 680.00

DP Rs. 575.00

**BV 345** 

PV 21.56



## **Heart Disease**

- Heart disease is the number one killer worldwide and India is set to see a dramatic number of working age people (35-65 years old) die of cardiovascular disease in the next 25 years
- 1 out of every 4 Indians between the age group of 20–29 years have high cholesterol which is makes them prone to heart and liver diseases
- 38% Indians have high cholesterol level —
  which means that 2 out of every 5 Indians
  are vulnerable to heart diseases
  - Times of India
- When cholesterol level is too high in the blood, or the levels of its two types LDL and HDL are out of balance (dyslipidaemia), it can clog the arteries affecting the flow of the blood or cause Arthrosclerosis
- It also increases the risk of developing heart disease



## Know your Lipid Profile



	Optimal / Desirable	Near optimal	Borderline high risk	High risk	Very high risk
Total blood cholesterol	Below 200		200 to 240	Above 240	
LDL cholesterol	Below 100	100 to 130	130 to 160	160 to 190	Above 190
HDL cholesterol	Above 60			Below 45	
Triglyceride	Below 150		150 to 200	200 to 500	Above 500
* All values are in milligram/decilitre (mg/dl)					



# ayusante ProCard

Maintain Health, Natrually!



## **ProCard Benefits**

- ✓ Acts as a cardio-tonic
- ✓ Helps to manage lipid profile and reduce the risk of atherosclerosis
- ✓ Helps regulates cholesterol and LDL "Bad Cholesterol" levels in the blood
- ✓ Helps to improves HDL "Good Cholesterol" levels in the blood
- ✓ Helps to improves blood circulation and useful in management of cardio vascular disease





BOTANICAL NAME	COMMON NAME	BENEFITS	
Terminalia arjuna	Arjuna	Popularly known as a heart tonic. It helps in maintaining healthy heart function, relieving mental stress and nervousness It helps maintain a healthy cardiovascular system.	
		It helps to brings down the level of harmful lipids in the blood. It also help to maintain normal blood pressure.  Arjuna also helps to enhance overall energy levels, stamina, immunity and cellular health.	
Withania somnifera	Ashwa- gandha	It's a powerful cardio-protective agent and adaptogen. It stimulates the synthesis of antioxidant enzymes and protects the heart from harmful free radicals. It also helps to lower the risk of developing heart disease. It helps correct the imbalances caused due to stress	



BOTANICAL NAME	COMMON NAME	BENEFITS	
Allium sativum	Garlic, lehsun, lashuna	It supports healthy heart rate, helps in lowering cholesterol levels in the blood. It acts as a cardio-protective agent, helps to reduce blood pressure and improves blood flow	
Balsamodendr on mukul	Guggul	Helps in reduction of cholesterol. It strengthens the heart. It helps in increasing HDL and lowers LDL levels in the blood. It also has anticoagulant and anti-platelet activity inhibits the formation of blood clots.	
Saccharum officinarum	Ikshu, sugar cane	Policosanol in Saccharum officinarum is beneficial in lowering serum cholesterol levels and in prevention of the onset of atherogenesis. Inhibits cholesterol biosynthesis and maintains healthy lipid profile	

## **ProCard**

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**Dosage:** One to Two Capsules Twice daily

MRP Rs. 820.00

DP Rs. 700.00

BV 420

PV 26.25



## Detoxification

- Detoxification is the process of clearing toxins from the body
- Poor digestion, colon dysfunction, reduced liver function, and poor elimination from the body, all add to increased toxicity in the body



- Naturally, the body clears toxins in the liver and excrete through the kidneys, skin and lungs
- When the liver gets overburdened, it starts to store toxins in the fat tissues, and these re-circulate in the blood and lead to many diseases

#### **Accumulation of Toxins in the Body**

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Coffee & energy drinks

Poor Nutrition [poor eating habits]

Allergies/ Food Intolerances

NZ Soils Deficient in Key Detox Minerals



**Environmental Toxins** [Heavy Metals, Pesticides]



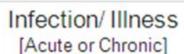
Excessive Workload



**Smoking** 



Prescription & OTC Medicines

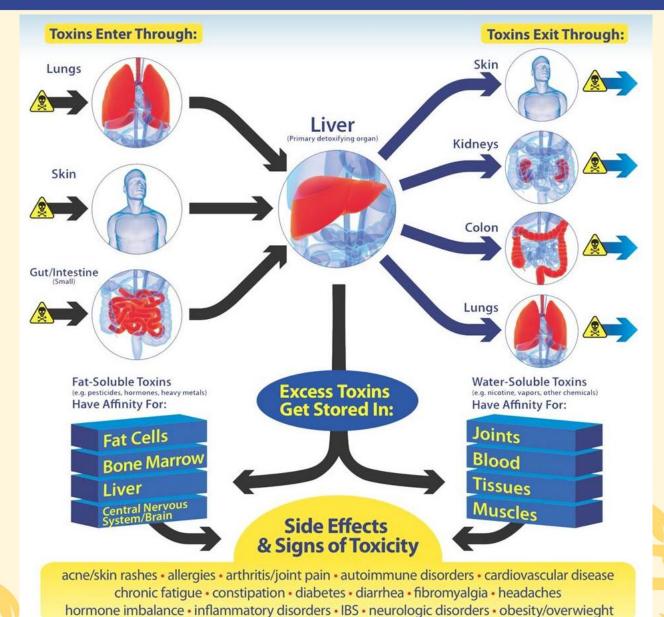


Stress [Psychological/Emotional]



Processed Foods [Sugar and White Flour products]

#### **Process of Detoxification & Elimination**





# ayusante Tox Clean

**Drtox, Natrually!** 



## **ToxClean Benefits**

- ✓ Helps to cleanse colon and purify blood
- ✓ Helps to relieve constipation
- ✓ It has Hepato-protective properties helps to support liver function
- ✓ Helps to regulate digestion and metabolism
- ✓ It has anti microbial properties and helps promote skin health (acne, pimple, etc.)



#### **Key Detoxifying Ingredients**

BOTANICAL NAME	COMMON NAME	BENEFITS
Triphala (Emblica officinalis, Terminalia bellirica, Terminalia chebula)	Triphala	Regulate digestion Relieve constipation Flush out toxins Purify blood Helps cleanse the colon
Azadirachta indica	Neem, Nimba	Immunomodulatory Broad Spectrum Anti microbial Anti inflammatory
Curcuma longa	Haldi, Haridra	Anti inflammatory Anti microbial Hepato protective – supports liver function





BOTANICAL	COMMON	BENEFITS
NAME	NAME	DENEFITS
Swertia chirata	Chiretta	Aids in combating constipation, upset stomach, bloating, loss of appetite, intestinal worms and skin diseases. It is considered good for liver and helps in detoxification
Cassia augustifolia	Svarnapatri	A natural laxative A natural diuretic Restores metabolic imbalance lost due to indigestion
Piper nigrum	Mircha, Maricha	Aids the digestive process by improving gut function Helps to detoxify deep tissues It has bacteriostatic and fungistatic properties

## **ToxClean**

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**Dosage:** Two Capsules Thrice daily

MRP Rs. 710.00

DP Rs. 600.00

**BV 360** 

PV 22.50

