



VESTIGE
wish you wellth



BRINGING YOU THE GIFT OF
WELLNESS ALONG WITH PROSPERITY

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IT'S LOVE AND GOOD
HEALTH THAT KEEPS
A FAMILY HAPPY AND
ROCKING.



HEALTH CARE

Being healthy is important because it can help a person have a healthy heart, better muscles, stronger bones, a sense of well-being and a better social life. Eating right and correct exercising will lead to overall better health. When exercise and healthy eating are achieved on a daily basis, people tend to feel better about themselves. While the spectrum of health problems resulting from calorie-protein under nutrition is different from the “empty-calories” overfeeding, both can have devastating consequences on both quality of life and longevity.

So, Vestige brings a range of products to fulfil the daily gap of nutrition for an individual. The range consists of health supplements for healthy immunity, cardiovascular system, glycemic health, detox and rejuvenation, women health, fitness and for healthy bones and joints.

This range of health supplements from Vestige enables people live a qualitatively better healthy life and step into the world of wellness.



PROCARD *

Procard comes with the powerful ingredients gifted by nature and manufactured using well-researched methods. It helps in promoting good cardiovascular health and overall wellness. It is made using herbs and extracts from plants like Arjuna, Indian Bdellium, Indian ginseng, etc. that are well known for their health benefits. This unique health supplement is the best gift for the good health of your heart.

Dosage: One to two capsules twice daily or as advised by a physician
Presentation: 60 Vegetarian Capsules
Price: BHD 9



VITAL COMPLEX *

Power-packed with Indian gooseberry, grape vine, green tea, etc. this wonderful natural health supplement product not only revitalises your body and soul but also helps in combating all types of oxidative-stress, fatigue and provides optimum nourishment to the tissues of the body. All of these benefits help people to live a superior-quality life, health wise, amidst the stressful situations they work and live in. A bottle of Vital Complex will assist people in living life with vigour and vitality.

Dosage: One capsule twice daily or as advised by a physician
Presentation: 60 Vegetarian Capsules
Price: BHD 8.4





SPIRULINA CAPSULES *

Spirulina is a natural algae powder that is high in protein. It is a good source of antioxidants, Vitamin B-complex, vitamins and minerals. It is largely made up of protein and has high natural iron content. It is considered to be one of the richest sources of natural protein. It helps to strengthen the immune system and improves digestive health. It helps to enhance the body's natural cleansing and detoxification.

Each capsule contains:
Spirulina (*Spirulina platensis*) 500 mg.

Dosage: One or two capsules twice a day
Presentation: 100 capsules
Price: BHD 4.20

Warning: Accidental overdose of Iron containing products is a leading cause of fatal poisoning in children under 6 years of age. In case of accidental overdose, call a health practitioner.



ALOE VERA CAPSULES *

Aloe Vera is a plant with proven rejuvenating, healing and soothing properties. It contains more than 20 essential amino acids and vital minerals such as calcium, magnesium, and sodium. It also contains enzymes, vitamins, polysaccharides, nitrogen and other components. It aids in proper digestion.

Each capsule contains:
Aloe Vera Extract (*Aloe barbadensis*) 500 mg.

Dosage: One or two capsules twice a day or as advised by a physician
Presentation: 60 capsules
Price: BHD 3.00



NONI CAPSULES *

A tropical evergreen tree native to South East Asia, Noni or *Morinda citrifolia* is a rich source of protein, carbohydrates, and high concentration of phytonutrients, vitamins, and minerals. It supports overall health and well-being. It contains Xeronine, which enables enlargement of pores in the walls of the human cells and help nutrients to enter them and thereby increases the absorption of nutrients. *Morinda citrifolia* helps to strengthen the immune system as it contains a number of essential vitamins and minerals.

Each capsule contains:
Morinda citrifolia Extract 500 mg

Dosage: One or two capsule twice a day atleast half an hour before meal
Presentation: 90 capsules
Price: BHD 6.00

Warning: As Noni is a rich source of potassium, it is contraindicated in case of chronic renal insufficiency.



VESTIGE COLOSTRUM *

Colostrum, known as the first milk after delivery, is a mammary secretion produced by bovine animals. It is collected within the first six hours after a calf's birth. Colostrum is a rich natural source of immunoglobulin that helps in strengthening the immune system and provides protection against various diseases. Colostrum is a rich source of nutrients, antibodies, and growth factors. It is a complete formula of essential vitamins, minerals, essential fatty acids, and amino acids required for the optimal functioning of the body and maintaining overall health. The immune factors and antibodies in Colostrum also help to fight viral infections, allergens, and toxins that harm the body.

Each 404 mg capsule contains:
Colostrum 400 mg
Sodium Benzoate 4 mg

Dosage: Two capsules twice daily
Presentation: 60 capsules
Price: BHD 6.60



VESTIGE FLAX OIL *

Flaxseed oil is a rich source of the essential fatty acids such as alpha-linolenic acid (ALA), Omega-3 and Omega-6. Omega 3 fatty acids are good fats that are healthy for the heart. It is also a rich source of Vitamin E, which is a powerful antioxidant required for maintaining the integrity of cell membranes.

Each soft gelatin capsule contains Flaxseed Oil (Linseed Oil) 500 mg.

Dosage: One Capsule thrice a day after meals
Presentation: 90 capsules
Price: BHD 5.64

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.



VESTIGE L-ARGININE *

L-arginine is an amino acid; it is a complete food, as a health supplement that includes a perfect combination of L-Arginine, antioxidants and vitamins to maximise effect on overall health. It offers great taste, multiple health benefits.

Dosage: One sachet to be dissolved in 200 ml water or juice
Presentation: 15 sachet x10g
Price: BHD 13.68

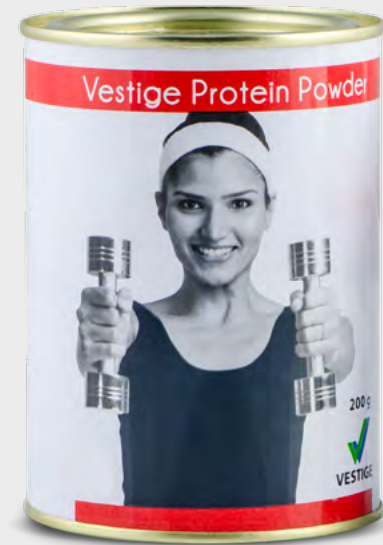
Caution: Vestige L-arginine should be avoided by people with asthma and herpes virus. Pregnant, nursing women and people with a history of cardiac attack should consult their physician before consuming this product.



Essential Parameters of Health#

| | DESIRABLE | BORDERLINE | HIGH |
|----------------------------|-------------------|-------------------|------------------------|
| Blood Pressure | 120/80 mmHg | 120/80 mmHg | 140/90 mmHg and Higher |
| Total Cholesterol | 200 mg/dl or less | 200 mg/dl or less | 240 mg/dl and above |
| Fasting Blood Sugar | 100 mg/dl or less | 100 mg/dl or less | 126 mg/dl and above |
| BMI | 18.5-24.9 | 18.5-24.9 | 30 and above |

#Source: Indian Heart Association



VESTIGE PROTEIN POWDER *

A low fat soy and milk protein food supplement that provides the body with all the essential amino acids. It is soluble, easy to digest protein powder, and is quickly absorbed into the body. It contains bioactive isoflavones, which helps in regulating blood cholesterol and boost immunity. It is especially beneficial for people involved in sports, weight watchers and for general wellness.

One tablespoon full (10 g) of Vestige Protein Powder provides 8.2 g of protein with all essential amino acids

Presentation: 200 g Pack
Price: BHD 7.32



VESTIGE GLUCOSAMINE *

Glucosamine is a natural compound and a normal constituent of glycosaminoglycans. It is found in healthy cartilage and synovial fluid. Glucosamine helps lubricate joints and supports healthy cartilage.

Each film coated tablet contains:
Glucosamine HCl 450 mg
(containing Chondroitin)

Dosage: Two tablets twice daily after meals
Presentation: 100 tablets
Price: BHD 8.64

Presentation: 60 tablets
Price: BHD 5.88



VESTIGE CALCIUM *

Calcium carbonate is a supplement used when the amount of calcium consumed in the diet is not adequate for the body. Calcium carbonate helps in building and maintaining strong and healthy bones. It is also useful in preventing dental problems. Along with Vitamin D3, Calcium carbonate reduces the risk of osteoporosis and is particularly useful for children and women.

Each film-coated tablet contains:
Calcium Carbonate 625 mg (Equivalent to
elemental calcium 250 mg) and Vitamin D3 250 IU.

Dosage: Adults - Two tablets per day after meals
Presentation: 100 tablets
Price: BHD 2.64





VESTIGE NEEM*

Neem or Azadirachta indica has antibacterial, antifungal and blood purifying properties. Neem is useful in treating and preventing skin disorders and keeping your skin healthy and glowing.

Each soft gelatin capsule contains
Neem seed Oil (Azadirachta indica) 0.25 ml.

Dosage: One capsule thrice a day after meals
Presentation: 100 softgel capsules
Price: BHD 3.6

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.



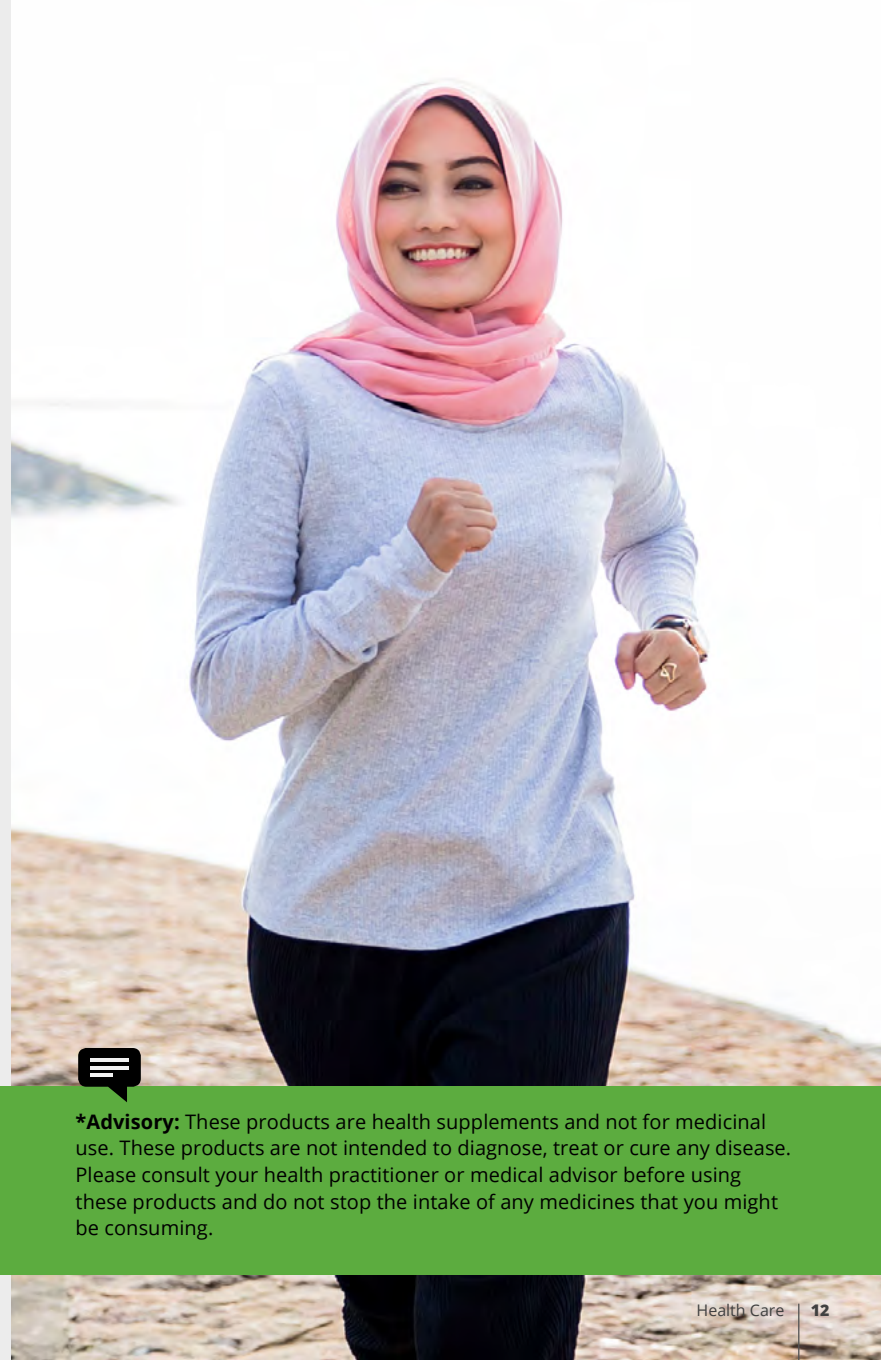
GANODERMA CAPSULES *

Ganoderma lucidum is a type of mushroom that contains effective antioxidants, which help in strengthening the immune system and detoxifying the body. It has stress-relieving properties that refresh the body and calm the nerves. It promotes stamina and endurance to fight fatigue and illnesses. It also helps to improve blood circulation and energises the body. As a detoxifier, it helps to eliminate toxins from the body accumulated through the intake of various medications and helps to maintain the body balance. Ganoderma enhances the overall wellness of the human body as it is a rich source of essential vitamins and nutrients.

Each capsule contains
Ganoderma Lucidum Extract Powder 425 mg.

Dosage: One capsule thrice a day
Presentation: 90 capsules
Price: BHD 8.4

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.



***Advisory:** These products are health supplements and not for medicinal use. These products are not intended to diagnose, treat or cure any disease. Please consult your health practitioner or medical advisor before using these products and do not stop the intake of any medicines that you might be consuming.

HEALTH DRINK

BOOST YOUR OVERALL HEALTH



INVIGO NUTRITIONAL PROTEIN POWDER

It is a low-fat milk and whey protein food supplement. It is enriched with DHA - an important essential fatty acid that is crucial for the brain's functioning and recommended for children in their growing years. Besides vital amino acids, it contains vitamins and minerals to provide the body with essential nutrients.

Two tablespoons (30g) of Invigo Nutritional Protein Powder provides 5g of protein along with vitamins and minerals.

Presentation: 200 g Pack
Price: BHD 5.4



PERSONAL CARE

Assure is a complete range for daily skin, hair and body care. With best of the natural and well researched ingredients, it gives assurance to provide healthy and glowing skin and hair every day. It gives nourishment and care needed for a radiant and younger looking skin.

ASSURING A
BEAUTIFUL YOU



RADIANT GLOW
& FAIRNESS EVERYDAY

 Serum based cream enriched with Grape stem cells that restores wrinkled & sagging skin



ASSURE ANTI-AGEING NIGHT CREAM

A revitalising night cream that helps in repairing daily skin damage, lighten fine lines and wrinkles while you sleep. It boosts skin hydration, restores firmness and evens out imperfections. It is enriched with anti- ageing ingredients that rejuvenate cells and strengthen natural defence of the skin.

Presentation: 60 g
Price: BHD 2.52



ASSURE COMPLETE FAIRNESS CREAM

Effectively improves skin complexion and make it look radiant with continuous use. This cream is infused with a unique whitening complex that gives a natural glow to the skin and helps to lighten dark spots. It gets absorbed easily to give an even-toned and fairer skin.

Presentation: 50 g
Price: BHD 1.68



SHIELD YOUR SKIN
WITH BROAD SPECTRUM
PROTECTION WITH
SPF 30+ & PA++

**Advantages
in the sun**

- Extra protection from UV damage
- Prevents skin tanning
- Protects the skin from dark spots, freckles, sun spots and sun burn

Enriched with
natural oil
absorbing
**Fuller's Earth &
Kaolin Clay**



**ASSURE SUN
DEFENSE SPF 30+**

A daily sun care cream that protects against harmful UVA and UVB rays that cause skin tanning, sunburns, and premature ageing.

Presentation: 60 g
Price: BHD 2.76



**ASSURE INSTANT
GLOW FACE PACK**

Assure Instant Glow Face Pack is a unique combination of natural ingredients that helps to clarify skin from deep within. Enriched with natural clays that cleanse the impurities of the skin from within to reveal a natural glow.

Presentation: 60 g
Price: BHD 1.92



ASSURE PURIFYING CLEANSER + TONER

Effectively cleanses away impurities, makeup, and excess oil without drying out the skin. Its deep cleansing action unclogs pores, removes blackheads and pollutants from the skin. It also tones the skin and makes it look radiant and firm.

Presentation: 200 ml
Price: BHD 3.24



ASSURE COMPLEXION BAR

Assure Complexion Bar is a nourishing and moisturising bathing bar that cleanses the skin leaving it clean, soft and supple. It is enriched with brightening extracts of Kesar, Olive and Honey that enhances the complexion.

Presentation: 75 g
Price: BHD 0.72



ASSURE FOOT CREAM

Nourishes and softens dry and rough feet preventing cracks and skin irritations. Enriched with witch hazel extract and effective skin emollients that hydrate the skin and locks moisture for a longer time. It soothes tired feet and gives protection from dryness and cracks.

Presentation: 50 g
Price: BHD 1.8

HEALTHY, BOUNCY
& SHINY HAIR



ASSURE HAIR OIL

It provides nourishment to the hair from the roots to the tips. Its special non-greasy formula helps to prevent hair loss and controls dandruff. It also helps in reducing premature greying, improves the hair texture, and adds lustre.

Presentation: 200 ml
Price: BHD 1.92

Healthy,
bouncy and
shiny
hair in
minutes!



ASSURE DEEP CLEANSE SHAMPOO

Effectively rinses away dirt and impurities. It gives required amount of moisture to the hair leaving them healthy and supple. It helps to manage excessive oil secretion from the scalp and leaves the hair fresh and bouncy.

Presentation: 200 ml
Price: BHD 1.8



ASSURE DAILY CARE SHAMPOO

This shampoo is enriched with avocado oil and rosemary extracts that help to manage moisture levels of the hair without stripping off its natural oils. It adds extra bounce to the hair and it is mild enough for everyday use. The regular usage of this shampoo will make the hair glossy, smooth, and healthy.

Presentation: 200 ml
Price: BHD 1.8



ASSURE MOISTURE RICH SHAMPOO

Specially formulated for dry and damaged hair, it gently cleanses the hair making it manageable and smooth. This shampoo is enriched with milk protein that hydrates dry hair and makes them soft and shiny. Green tea extract nourishes the hair and strengthens it from the root to tip.

Presentation: 200 ml
Price: BHD 1.8



ASSURE SHAVING CREAM

Experience a luxuriously rich lather, an easy glide, and a comfortable close shave with Assure Shaving Cream. Its rich creamy lather softens the tough beard for an easy and smooth shave, leaves the skin smooth and moisturised with a light masculine fragrance for all day freshness.

Presentation: 100 g
Price: BHD 1.44



ORAL CARE

A smile can win the world for you. Oral health is an important part of your well-being, it requires an equal care and importance to enhance your health in totality.

Poor oral hygiene leads to several dental problems, which leaves people in agony and creates negative impression about them.

But no worries, Vestige comes to your rescue. It brings you a innovative oral care range that helps you fight germs and dental cavities. Our oral care products enhance your gum health and brim you with the confidence to smile.

COMPLETE
DENTAL HYGIENE
FOR YOUR FAMILY



DENTASSURE TOOTH PASTE

A unique formula that comes with the dual protection of Neem and Clove. It fights germs and dental cavities. It supports gum health and contains calcium that strengthens teeth. Use it daily for fresh breath and sparkling teeth.

Presentation: 100 g
Price: BHD 0.84



IN PURSUIT OF
PERFECTION

SKIN FORMULA

SKIN FORMULA 

Skin Formula 9 is the result of our relentless quest to create the perfect skincare range that fulfils every woman's dream of possessing beautiful, immaculate skin. Long research and numerous trials later, the outcome is a perfectly balanced formulation, which is an amalgamation of multi-functional natural ingredients with the latest in biotechnology.

Skin Formula 9 is an advanced and sophisticated skincare range that focuses on providing superior skin nourishment and repair, so that you can have a breathtakingly radiant and flawless complexion at any age.



A REJUVENATION FORMULA THAT WORKS ROUND THE CLOCK

ADVANCED MOISTURE RELIEF
TREATMENT FOR DEHYDRATED SKIN

INTENSE HYDRATION CREAM

A rich hydrating experience with a perfect blend of deep conditioning agents. Its specialised skin hydration formula restores lost moisture in the outer layers of the skin and gives round the clock suppleness. Especially suitable for dry and dehydrated areas of the skin; its whipped cream like texture glides smoothly through the skin and rapidly absorbs into the deeper layers giving a smooth, oil-free and even texture to the skin.



Presentation: 50 g
Price: BHD 14.4

Key benefits:

- Instantly recharges the skin with moisture
- Improves skin texture and nourishes the skin
- Provides longer hydration

Direction for usage:

Apply over thoroughly cleansed skin using gentle circular strokes. It can be used whenever the skin needs to revamp to a state of suppleness.



REVEAL YOUR TRUE RADIANCE

MULTI-ACTION RADIANCE
INDUCING CREAM
FOR DULL UNEVEN SKIN

BRIGHTENING TREATMENT

A corrective, multi-action, radiance-inducing, formula with a special Stem Cell Blend that helps the skin's natural detoxification system. Its concentrated formula gives an immediately visible transformation to an even-toned and luminous complexion exposing a brighter younger looking skin.



Presentation: 50 g
Price: BHD 22.8

Key benefits:

- Instantly brightens the complexion
- Evens out skin tone remarkably
- Provides optimum conditioning to the skin
- Helps improve skin clarity, tone & firmness

Direction for usage:

- Apply over thoroughly cleansed skin in upward circular motions
- Allow it to get fully absorbed into the skin for a few minutes and then use a suitable day or night cream
- For best results, apply twice daily
- Suitable for all skin types



REACTIVATE YOUR YOUTH

ADVANCED YOUTH ACTIVATING
LOTION FOR DULL AGING SKIN

YOUTH ELIXIR

An exquisite blend of precious gold dust and multi-functional botanical actives that instantly boosts the skin natural radiance and gives it a supple, renewed and youthful look. A youth extending serum, which works to restore skin's elasticity, remarkably reduces the appearance of wrinkles.



Presentation: 25 ml
Price: BHD 17.4

Key benefits:

- Reduces the appearance of wrinkles and fine lines
- Boosts skin elasticity & suppleness
- Stimulates collagen synthesis, that improves skin elasticity & firmness

Direction for usage:

Apply over thoroughly cleansed skin, i.e. face and neck in upward circular motions. Allow it to get fully absorbed into the skin for a few minutes and then use a suitable day or night cream. For best results apply twice daily.



REFINED CLEANSING WITH UTMOST CARE

ADVANCED SKIN REFINING AND
RENEWING OIL FOR NATURALLY
CLEANSING THE SKIN

DEEP CLEANSING OIL

The most effective way to cleanse skin naturally! Free of soap, detergents, and harsh cleansing agents, this wonderful oil gently dissolves makeup, impurities, dirt, oil and grime to make the skin fresh, healthy, and soft. The unique water soluble non-greasy formula is designed to comfortably cleanse, nurture skin, and provide superior dirt removal while maintaining skin's natural moisture levels without clogging pores.



Presentation: 25 ml
Price: BHD 14.4

Key benefits:

- Deeply cleanses the skin
- Perfect cleanser for dry & sensitive skin
- Flushes away dirt & grime

Direction for usage:

- Pump a small amount on the hands and massage using gentle strokes on dry skin
- Wet your hands with few drops of water and then massage your face and neck again
- The oil will turn into a smooth lotion. Rinse your face with plain water and pat dry
- Avoid contact with eyes, in case of eye contact immediately splash cold water and rinse your eye



GET BLISSFUL LOOK FREE FROM SPOTS & MARKS

A PERFECTING SERUM TO TARGET
UNWANTED IMPERFECTION

BLEMISH GEL

Targets, treats, and reduces the appearance of dark spots, blemishes and acne spots with the proven power of tea tree oil, eucalyptus oil, and salicylic acid. The clear gel does not clog pores and controls oil secretion.



Presentation: 15 ml
Price: BHD 10.2

Key benefits:

- Targets imperfections
- Light-weight fast absorbing non-comedogenic formula
- Reduces appearance of acne, blemishes and marks

Direction for usage:

- After thoroughly cleansing the face and neck, apply precisely on affected areas of the skin using the applicator directly
- Let it dry for few seconds and follow with makeup and or sunscreen
- For best results use twice daily on affected area
- Clean the mouth of the applicator after every use to avoid further proliferation
- Avoid direct sun exposure after application of the product



RE-IGNITE THE YOUTHFUL LIGHT OF YOUR EYES

A CORRECTIVE ANTI-WRINKLE & FIRMING SERUM FOR UNDER EYE PUFFINESS, WRINKLE & DARK CIRCLES

UNDER EYE SERUM

A luxurious and concentrated formula enriched with a blend of superior eye regenerators and powerful hydrating agents that tightens, brightens, and revitalises the delicate areas of the eyes. It alleviates the appearance of puffiness, dark circles, and signs of fatigue with a unique combination of botanical actives.



Presentation: 15 ml
Price: BHD 10.2

Key benefits:

- Soothe visible fine lines and crow's feet around eyes
- Increases skin water content and hydration
- Improves skin tone and firmness

Direction for usage:

- Apply small amount on cleansed skin around the area under the eyes, outer corners and eyelids, using gentle strokes and smooth-in until thoroughly absorbed
- Use before going to bed to boost skin's ability to recharge and rehydrate during the nightly repair process
- For best results use twice daily; suitable for all skin types



306, 2ND FLOOR, YATEEM CENTRE (PHASE II)
MANAMA, KINGDOM OF BAHRAIN

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